

Year:_____

This Year’s Theme:_____

Work & Business Goals

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Health & Fitness Goals

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Skills, Fun, & Personal Development Goals

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Result of Achieving Year’s Goals