The Habit Tracker		Jan		Feb			Mar			Apr			
		Α	В	С	Α	В	С	Α	В	С	Α	В	C
Log the habits you	1												
want to build.	2												
	3												
Start Date:	4												
Habit A:	5												
	6												
	7												
Habit B:	8												
	9												
	10												
Habit C:	11												
	12												
	13												
	14												
Grid Guide	15												
– Done	16												
	17												
– Did Not Do	18												
— Don't Need To Do Today	19												
	20												
	21												
Fill Boxes w/ Desired Shape e.g. " ", "x", "+" Or Use Colors Tips & Guide: https://sortoutmy.life/habit-tracker	22												
	23												
	24												
	25												
	26												
	27												
"After a few days you'll have a chain. Just keep at it and the chain will grow longer every day. You'll like seeing that chain, especially when you get a few weeks under your belt. Your only job next is to not break the chain." -Jerry Seinfeld	28												
	29												
	30					<u> </u>							
	31												
Month's Score:		_											